



THE FIVE MINUTE PRAYER



YOU ARE INVITED TO
TAKE FIVE MINUTES IN
PRAYER

¹ As the deer pants for streams of water,
so my soul pants for you, my God.

² My soul thirsts for God, for the living God.
When can I go and meet with God?

³ My tears have been my food
day and night,
while people say to me all day long,
“Where is your God?”

⁴ These things I remember
as I pour out my soul:
how I used to go to the house of God
under the protection of the Mighty One
with shouts of joy and praise
among the festive throng.

⁵ Why, my soul, are you downcast?
Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Saviour and my God.
Psalm 42 verse 1— 5

*There are no hopeless situations, there are
only people who have grown hopeless about
them.*
C B Luce

*Hope means hoping when things are hopeless,
or it is no virtue at all....As long as matters are
really hopeful, hope is mere flattery or
platitude; its only when everything is hopeless
that hope begins to be a strength.*

G K Chesterton

And hope does not put us to shame, because
God's love has been poured out into our hearts
through the Holy Spirit, who has been given to
us. Romans 5:5

TAKE TIME TO
GIVE THANKS TO GOD
IN WHOM YOU PUT YOUR
HOPE

PRAY FOR
YOURSELF,
YOUR FAMILY AND
FRIENDS,
YOUR WORLD

PRAYER OF HOPE

Almighty God, the
Refuge of all that are
distressed, grant unto us that,
in all trouble of this our
mortal life, we may flee to
the knowledge of Thy loving
kindness and tender mercy;
that so, sheltering ourselves
therein, the storms of life
may pass over us, and not
shake the peace of God that
is within us.

Whatsoever this life may
bring us, grant that it may
never take from us the full
faith that Thou art our
Father. Grant us Thy light,
that we may have life,
through Jesus Christ our
Lord. Amen.

George Dawson

PLEASE TAKE THIS HOME OR MAKE USE OF
OUR CHAPEL FOR YOUR QUIET TIME

